



P: 0406 000 392

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About Achieve Therapy

Achieve Therapy provides a range of Speech Pathology and Occupational Therapy services to suit the needs of children, teens and adults. Our clinic is at the Ekera Medical Centre, next to the Revesby Workers Club – a great location which is convenient for families, accessible for prams and wheelchairs. Achieve Therapy’s Speech Pathologists and Occupational Therapists are happy to help if you have any questions about a child’s development.



How to Complete this form

Put a tick in the box for every skill the child does have, starting from the beginning, up to the child’s current age bracket.

1 Year Old Checklist

Does the child?

- Say at least one word at their first birthday and over 100 words by their second birthday
- Respond to and use familiar gestures e.g. waving
- Respond to familiar requests e.g. give me, come here
- Babble a lot and copy sounds
- Make eye contact and smile appropriately



Toddler Communication Checklist for 1-5 year olds

Are you concerned about the communication skills of a child in your centre? Would you like help to decide when to talk to a parent about referring a child to Speech Pathology?

This checklist is designed to help you identify when to suggest that parents seek the help of a Speech Pathologist. Between 20 and 30% of children have difficulty with speaking or listening.

If any child has an unusual sounding voice or has been stuttering for more than 3 months a Speech Pathologist should be consulted as soon as possible, irrespective of their age.



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★ 2 Year Old Checklist

Does the child?

- Have a vocabulary of over 100 words
- Join two words together e.g. mummy car
- Follow one and two step instructions with cues
- Sit to complete a short tabletop task with an adult
- Demonstrate appropriate use of objects in play
- Identify familiar objects from a group of objects
- Use sentences with at least two words
- Identify and name body parts and clothing
- Understand and use action words
- Identify and name photos of familiar objects and family members
- Use grammatical endings on words e.g. girls, walking
- Use some pronouns e.g. my, you, me
- Say these sounds clearly in words: m,p,b,h,w



★ 3 Year Old Checklist

Does the child?

- Have a vocabulary of over 450 words
- Say sentences with 4 or more words most of the time
- Sit for a 15-20 minute activity without prompting
- Understand spatial concepts e.g. in, on, off, out of
- Understand 'my', 'your', 'me'
- Understand use of objects
- Ask questions
- Answer what and where questions
- Tell first name, last name and gender
- Tell about what happened recently
- Understand descriptive words e.g. small, blue, big
- Follow 2-step related instructions without cues
- Use different types of words (naming, action, and describing words)
- Say these sounds clearly in words: m/n/p/b/h/w/t/d/k/g/y/f/l/s
- Have 75-100% of their speech understood by others



If there are any boxes unticked for your child's age, please call Achieve Therapy on 0406 000 392 to speak to a Speech Pathologist

★ 4 Year Old Checklist

Does the child?

- Have a Vocabulary of 1000 words
- Identify and name colours
- Explain how an object is used
- Predict and make inferences e.g. what will happen if?
- Understand quantity concepts e.g. some, rest, all
- Say sentences with 5 or more words most of the time, with joining words such as: and, because
- Understand and answer lots of questions, including why questions
- Use grammatically correct sentences, but may make errors with irregular past tense e.g. taught for taught
- Say these sounds clearly in words: m/n/p/b/t/d/w/h/k/g/s/sh/l/ch/j



★ 5 Year Old Checklist

Does the child?

- Have a vocabulary of 1500 words
- Use long sentences with joining words such as: because, if, after, when
- Tell stories about experiences in a way that you can follow
- Ask and answer a wide variety of questions
- Describe and reason
- Use more complex vocabulary that expands every week
- Use imaginative language in play
- Negotiate and have conversations with other children
- Understand concepts such as: first/last, same/different, next to, through, behind, in front
- Say all sounds clearly in conversation except for 'th' and 'r'



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